

August 2010

ST. LUCIE COUNTY FIRE DISTRICT

"Our Family Serving Yours"



Firefighters Recognized



Next Fire Board Meeting,
August 18
at 3 p.m.

Health and Welfare Trust Meeting,
August 18
at 9 a.m.

First Public Hearing for the Budget is
September 8
at 5:01 p.m.

Congratulations to David Reeves, Brian Gulde and Tat Choi, who recently received the Liberty Mutual Firemark Award for their life-saving efforts at the PSL Civic Center. They were recognized during the July Fire Board Meeting.

Don't Forget the Honor Guard Golf Tournament on August 7

The First Annual Honor Guard Tournament is just around the corner on August 7.

According to Will Stephens – it is shaping up to be a nice size event, with numerous Fire District employees and civilians. If you would like to play, please email me (Will Stephens) to enter your team or if you do not have a team to play with you can enter individually and we will pair you up with other participants. Simply, email your name and other team members names. Please, pay with cash or a check made payable to: **Saint Lucie County Honor Guard**. It costs \$60.00 per person or \$220.00 per foursome, lunch is included.

You will receive a free goody bag, have a chance to win numerous door prizes, and enter the 50/50 drawing. Other contests include, chip and putt, longest drive, closest to the pin, and hole in one.

Congratulations to recently released paramedics:
Michael Ascani
Robert Hoffman

Training for Incident Safety Officers



For the month of July, District crews participated in Incident Safety Officer Training at IRSC. The training consisted of classroom lecture, as well as practical scenarios.

FIRE PREVENTION/PUBLIC EDUCATION

By Lt. Debbie Knupp

Upon the retirement of Puddin Race in January the entire Fire District has had to step up to the plate and assist in the various programs throughout the county. The events within the county in which the District has participated include: the St. Lucie County Fair, family fun days, and multiple safety and health fairs.

These programs are not just geared towards children. There are several programs for the adults in our community which include: fire extinguisher training, smoke alarm installs, public CPR/first aid, and fire safety talks.

The most important training/public education that our Fire District can do is aimed at teaching children at the earliest ages possible all about the dangers of fire and all about fire safety. We go to schools, daycares and camps, (or they come to us through station tours) to teach and practice fire safety habits.

One of the most valuable tools that we have is our Fire Safety Trailer in which we can actually simulate smoke with the smoke detector going off. Children practice their escape plan by using the doors or window to get out. It teaches the kids that the smoke detector may be loud but it won't hurt them and they shouldn't hide if it goes off.

WHY WE TRAIN: On average we have been utilizing the safety trailer 2-3 times a month. It really hit home on why we do this in June when we went to a daycare located in a church and took 45, 3-5 year olds through the training. The first group of kids went through with no troubles (as usually encountered), then it was time for the second group. The same lecture was given, the same questions were encountered and the same scenario was laid out. The kids were crawling on hands and knees to their designated exits with the smoke detector alarming. Two Fire Prevention members were stationed at each exit, advising the kids to crawl in an orderly fashion, feel the door for heat and to proceed out to their meeting spot, when one little boy was found half way between the exits leaning into a closet door crying. He was told this was just pretend but he continued to cry and said he was scared as he tried to hide from the smoke and the noise. We got him out of the trailer fine but now think about this: here we come, as firefighters into the home, where a child is already scared and possibly hiding. We have on our gear and SCBA, which makes everything scarier looking and sounding than it already appears to be to a young child... THIS IS WHY WE TRAIN.

I would like to thank the entire Fire District for their part in assisting Fire Prevention in taking the time to go to any of these events and in welcoming the public into the stations, and teaching them about fire safety. Every little bit we do, counts.

Health Corner

Sunscreen

In the Florida sun it is easy to get too much harmful UV radiation. So use some simple tips like protective clothing, shade, and sunglasses. Also, use sunscreen but use broad spectrum protection sunscreen. Check the chart for selecting sunscreen and go to ewg.org/2010sunscreen for more tips.

Quick Tips for Good Sunscreen

	Avoid These	Look for These
Ingredients	Oxybenzone Vitamin A Added insect repellent	Zinc Titanium dioxide Avobenzene or Mexoryl SX
Products	Sprays Powders SPF above 50+	Cream Broad spectrum protection Water resistant for beach, pool & exercise SPF 30+ for beach & pool

August Birthdays

ASCANI, MICHAEL L
BATOR, RYAN S
BAUMKER, DANIEL J
BAYONA JR, JESUS M
BRADY, MICHAEL K
BROWN, LAURA E
CANTALINE, STACIE B
CHOI, TAT F
CLANTON, JOSEPH L
CONEY, MATTHEW J
DASHNER, BRADLEY J
EDWARDS, JAMES W
ESKEW, DAVID K
GARCIA, ROMAN
GLADWIN, THOMAS W
GRACE, MICHAEL J
HILL, EDWARD W
KEMP JR, JOHNNIE D
LANGEL, MATTHEW S
LONGCHAMPS, RONALD A
MAXWELL, MICHAEL J
MAYR, KENNETH
MEADOWS, LISA H
MELE, DAVID H
MELE, HANK M
NORVELL SR, ROBERT W
NOTTAGE, DONOVAN B
RESCH, MATTHEW G
SMITH, GAVIN A
SMITH, PAUL A
WARE, RILEY T
WHITESIDE, JASON M
WILLIAMS, RICHARD A
WOZAR, JOHN D

Lil' Feet

Lil' Feet Shop Day is planned for Saturday, Aug. 7 at the Payless Shoesource on US 1 in Ft. Pierce. Don't forget to contribute to Lil' Feet. Red cans are at each Fire Station to collect contributions. The goal is 300 pairs of shoes for children in need.

BOWL FOR KIDS SAKE

SEPTEMBER 18, 2010



SUPERPLAY USA, PORT SAINT LUCIE

LANE TIMES AVAILABLE:

9 AM, 11 AM, 1 PM, 3 PM, 5 PM

\$35 PER BOWLER

FOR MORE INFORMATION

772-466-8535

WWW.BBBSBIGS.ORG



Contact Jackie Hobales (x338) for more information or to register your team!

Stories Welcome!

If you have anything you would like to include in an upcoming newsletter, contact Catherine Chaney. The deadline for articles or stories is always the last week of the month. The newsletter is sent out at the very beginning of each month.